



Your Friends, Your Neighbors, Your Community

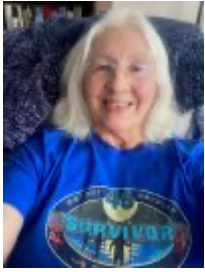
CCQ Member Biography

Name	Sandi Benzel
Occupation	Retired. Former Program Coordinator for Indian Child Welfare Act, Central Council Tlingit and Haida Indian Tribes of Alaska, Medical Social Worker, Assoc Professor for Healthy Nations Program through U of A
How might people in the community know you?	Sealaska and Goldbelt tribal shareholder, an enrolled Tlingit of CCTHITA, member of the Alaska Native Sisterhood, former Red Cross Volunteer, current Meals on Wheels Volunteer

Quilting Background

When did you begin quilting and why?	Sandi started sewing clothes and a 4-H apron at 8, but knew she wanted to quilt as an adult. She started making tie quilts for her family and collected her son's (infant through teen age) T-shirts to make him a high school memory graduation quilt.
How do you like to express yourself through quilting?	I love playing with colors and designs, but developed allergies to the paints, etc. I like piecing the most and switching out the store-bought patterns a little to make it more of my own.
What do you do with your quilts?	I give most all of my quilts away. I've only kept two out of several hundred I have made.
Do you have a favorite block?	My first pieced quilt was a whole cloth. I added bunny tails and bows and a ruffled and lace border. The quilt was completed in the 1980's.





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