



Your Friends, Your Neighbors, Your Community

CCQ Member Biography

Name	Judy Macnak
Occupation	Retired; now quilter, slow-stitcher, gardener and more.
How might people in the community know you?	Previously worked as a nurse at SEARHC, and as a massage/craniosacral therapist & energy healer at Sacred Forest Healing Arts.

Quilting Background

When did you begin quilting and why?
First began quilting 1973/74-ish, out of curiosity & because I had fabric scraps left over from a few sewing projects.

How do you like to express yourself through quilting?
I get excited by the colors & feel of fabric, and by the endless number of design possibilities. I find no joy in following someone else's design, but prefer to make up my own, often using traditional design patterns as my starting point. Some of my quilts tell a personal story.

What do you do with your quilts?
Some I have kept. Many have been given as gifts. (In my early quilting days, 3 were commissioned, something I found to be very unsatisfying.)

Describe your first quilt and when you made it?
My first started quilt (1973/74), a simple patchwork of squares, was never completed. But I learned a lot from it! 1974 saw my first completed quilt, a Wedding Sampler a friend asked me to make.

This is Judy's first quilt (A Wedding Sampler) made in 1974 for a friend:





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